



Best Pre- and Post-Operative Pharmaceutical Grade Skin Care

INGREDIENTS TO OPTIMIZE AND MAINTAIN RESULTS FROM COSMETIC AND MEDICAL MICRO-NEEDLING AS WELL AS COSMETIC FACIAL ACUPUNCTURE TREATMENTS

Franck Joly, LAc, MTOM

osmetic procedures that tend to temporarily disrupt the top layers of the skin need to incorporate strategic and elegant professional and home skin care treatment protocols in order to optimize and maintain results. Vitamin A and C are examples of important molecules that contribute to healthy skin. Therefore, it is very important to provide the skin with these essential vitamins perioperatively in order to optimize results.

For decades, it has been scientifically shown that vitamin A is vital for skin health. Chronic vitamin A deficiency lies at the heart of photoaging. It is scientifically known that vitamin C deficiency aggravates the effects of vitamin A depletion, as far as collagen and melanin are concerned. The question is which are the best forms of

vitamin A and C to use topically before and after such procedures?

The medical literature about retinoid replenishment is virtually confined to retinoic acid which has harsh topical effects. Fortunately, there are a number of effective forms of vitamin A which are more gentle than retinoic acid, and yet display similar efficacy. Similarly, ascorbic acid can be too aggressive for some patients to use before and after such procedures, and results can be optimized by using stabilized, fat-soluble forms of vitamin C instead. Because of the fundamental importance of vitamins A, C, E and other antioxidants, a skin care range must ideally include all of these to be effective.

Dr. Des Fernandes, a world leader in plastic surgery, who first described the method of Percutaneous Collagen Induction,

pioneered a revolutionary "Vitamin Step up System" offering patients "skin friendly" forms of vitamins A & C to ensure better daily compliance as well as making for a perfect tool for perioperative skin care. Hyaluronic Acid and Amino-Peptides are also important active ingredients to combine with essential vitamin A, C & E.

Franck Joly is a physician of Oriental Medicine specializing in anti-aging cosmetic acupuncture and medical needling. Franck has been involved with Environ Skin Care for the past 20 years and had the privilege to lead Dr. Des Fernandes' clinical trials center in South Africa. He is currently the Medical Master Trainer for DermaConcepts, exclusive US distributor of Environ Skin Care. He can be reached at Fjoly@acujoly.com or Franck@Dermaconcepts.com









an Diego—what a beautiful city for our SPSSCS 23rd Annual Meeting! From Coronado Island's famous Hotel Del where Marilyn Monroe filmed "Some Like It Hot", to the San Diego Zoo, to the multitude of artistic shops at Seaport Village, San Diego had

Next, I'd like to recognize the three incredible Pre-Meeting courses:
Microneedling in the Medical Practice by Dr. Thomas Hitchock, PhD, No Fear with Injectables Using Cannulas – Level 101 by M.K. Maloney, RN, and lastly, Fun with Injectables Using Cannulas Level 201 with M.K. Maloney, RN.

The Presidential Award for "Distinguished Service" was presented by SPSSCS President, Lizabeth Clouse, RN, CPSN to David Watson of GlowBiotics. Easily agreed upon, David is most deserving of this award for all the years he has actively supported the SPSSCS.



